

# 2025 Tamarack Trails Summer Recreation Rules

*The Board of Directors of Tamarack Trails has approved all pool rules and policies. Failure to comply with these community rules may result in the loss of pool privileges for the resident, their children, and/or their guests.*

**Pool Hours:**    **May 24 – Sept 1.....10:00 a.m. – 8:00 p.m.**  
                      **Sept 2– Sept 14..... 2:00 p.m. – 7:00 p.m. weekdays; 10:00 a.m. – 7:00 p.m. on weekends**  
                      **Sept 15 – Sept 21..... 2:00 p.m. – 6:30 p.m. weekdays; 10:00 a.m. – 6:30 p.m. on weekends**  
                      *\* subject to change based on weather, lifeguard availability and Public Health Directives.*

The air temperature will be checked by the on-duty lifeguard at 9AM and at 2PM each day at the following web page <http://forecast.weather.gov/data/obhistory/KC29.html>. If the air temperature is below 58 degrees at 9:00 AM, the pool will not open that morning. If the air temperature at 2 PM is above 66 degrees, the pool will open at 3 PM.

## HOW TO GAIN ACCESS TO THE POOL

1. The pool gate will remain locked at all times.
2. To gain access to the pool, the resident, child or guest must possess the key or key card card to open the gate.
3. Each home will be able to purchase two pool access cards at \$10 each. Replacements for lost access cards can be obtained at a cost of \$50. Access cards will only be available through the Tamarack office.
4. A resident who gives a pool key card to a nonresident who is not a guest of that resident will have his/her key card privileges rescinded for the remainder of the season.

## WHO MAY USE THE POOL

1. The pool is to be used by Tamarack residents, their immediate family and guests.
2. **CHILDREN under twelve (12) years old** must be accompanied by a responsible person (age 16 or over) who will actively supervise the child/children in and around the pool **at all times. Active supervision** of children age 6 and under requires that they be **within arm's reach**.

## GUEST PRIVILEGES

Residents are responsible for the conduct of their guests which includes informing them of Tamarack's pool policies.

As a courtesy residents should notify the office or on duty lifeguard at least two days in advance if they intend to bring eight (8) or more guests to the pool. Any group of more than fifteen (15) persons will be required to hire and pay for an additional Tamarack lifeguard. Forms to register your guests and arrange for hiring a guard are available at the office.

## CHILD SUPERVISION REQUIREMENTS

1. To ensure safety in our pool, we abide by strict age requirement guidelines.
2. Persons under the age of 16 must pass a swim test for the on-duty Lifeguard before they may enter the deep end of the pool. **Remember, all children must stay in the shallow end of the pool unless they pass the Deep-Water test.**
3. Each responsible adult (age 16 or over) may only supervise up to 4 children (under 12). For example, 5-8 children (under 12) would require 2 adult supervisors.
4. The lifeguard's duty is to supervise all water activities and maintain the safety of all persons within the pool area. **The lifeguards are not babysitters.**
5. **Children must be supervised at all times.**

## POOL RULES

1. **THE LIFEGUARD COMMANDS COMPLETE AUTHORITY IN THE POOL AREA AND HAS THE FINAL SAY IN ALL SAFETY MATTERS.**
2. The "On duty lifeguard" may require anyone to leave the pool area for any violation of the Pool Rules. Repeat violations will be recorded, referred to the Board of Directors and may result in the suspension of privileges.
3. No alcoholic beverages or breakable containers are permitted in the pool area. Persons under the influence of alcohol or any judgment-impairing substance will not be admitted to the facility.
4. No smoking is permitted in the pool area.
5. Do not enter the pool if you have a communicable disease or an open or infected wound. The lifeguard can refuse use of the swimming pool, showers, or lounges to any person having a severe cold,

cough, inflamed or irritation to eyes/skin (rash).

6. All persons are expected to take cleansing showers before entering the pool.
7. Walk at all times when in any pool area (to include the locker rooms, showers, decks etc.).
8. Swim fins & masks may be used but fins must be put on only while seated on the pool's edge. Please do not walk on the deck while wearing fins.
9. Swimmers must wear swimwear. No cotton shirts or shorts (to include cut-offs) allowed in the pool. Water shoes are permitted. People who need protection from the sun's rays may wear protective clothing in the pool.
10. Residents and guests are asked to place all trash, soda cans and recyclables in the proper containers located by the lifeguard office.
11. The use of inflatables, kickboards, balls and other small toys or objects will be permitted **at the discretion of the lifeguard**. Large inflatables are strongly discouraged as they may block the lifeguard's view of the area under or behind the inflatable.
12. Use of personal flotation devices (PFDs or life jackets) for non-swimmers is encouraged. Please purchase or provide Coast Guard approved vests or jackets only. [Inflatable PFDs are not permitted unless approved by the lifeguard](#).
13. When entering shallow water, do not dive, jump backwards or perform flips.
14. Non-toilet trained individuals must wear swim diapers in order to enter the pool. Swim diapers are available upon request from the lifeguard. You are encouraged to bring your own. All diapers must be changed on changing tables in each locker room.

#### **DIVING & LAP LANE RULES:**

1. No diving will be permitted from the shallow end of the pool.
2. Look before diving or jumping to make sure the diving area is clear. Dive or jump forward, straight out from the diving board. Swim immediately out of the diving area to the closest ladder or wall.
3. The lap lanes will be used for lap swimming only (swimming the whole length of the pool).
4. Do not sit or hang on the ropes

#### **SCHEDULED BREAKS, ADULT AND LAP SWIMMING HOURS**

1. **Lap swimming.** Two lap lanes will be open at all

times on weekdays (Monday-Friday). On weekends, only a single lap lane will be open. If the patron load is light, the lifeguard will open additional lanes on request, up to a maximum of three.

If there are people waiting to use the lap lanes, please be respectful and limit your lap swimming to 30 minutes.

2. **Adult only** swimming (age 16 or over) may occur if requested by a resident or at any time at the discretion of the lifeguard. Suggested timing is 2:00-2:15pm, 4:00-4:15pm and 6:00-6:15pm 4:00-4:15pm and 6:00-6:15pm.
3. As there is only one Lifeguard on duty, the pool will be cleared to allow for **breaks each day** at the following times: [12:00 – 12:30 pm](#) and [5:00 – 5:30 pm](#). During these periods patrons will be allowed to stay in the pool area but will not be allowed in the water. The Lifeguard has the discretion to call additional breaks if circumstances require.

**BIKE PARKING:** All adults and children are expected to park their bikes/hot-wheels at the bike racks - off the sidewalk.

#### **TENNIS and PICKLE BALL COURTS:**

1. Use of the courts before 8 AM and after 9 PM. is not allowed. Please recognize that your activity noises and voices can be disturbing to adjacent neighbors.
2. The gate will remain locked at all times.
3. Tennis court keys are available at the Tamarack office. The cost is \$10 per key. The key is required to gain access to the tennis courts.
4. The courts are for the use of Tamarack Trails' residents and their guests. Reservations for each 2 hour time slot are made by signing the LOG located at the tennis entrance gate.
5. Reservations for the use of the tennis courts will be on a first come, first play basis. You may sign up for court time no more than **THREE DAYS** in advance. Only one reservation per resident may be made per day. If no one is registered after the period, players may continue consecutive play.

For 2025, SET TIMES for open pickleball play will be Monday 6-8 pm, Wednesday 9-11 am, and Saturday mornings from 9-11 am.

**LOCK THE GATE AFTER EACH USE!**